

	Composition	Strength	Dosage form, Pack size	Effects
				<b>EYE SUPPLEMENT</b>
1	Lutein	6 mg	10 Capsules/Tablets x 2-3 blisters	Providing Vitamin A & precursors; essential mineral & nutritions for eye health Prevent eye strain, blurr vision & eye dryness. Improve eyesight. Slow macular degeneration
	Zeaxanthin	300 µg		
	Vitamin A	800 µg		
	Vitamin C	250 mg		
	Vitamin E	36 mg		
	Zinc	2.5 mg		
				<b>FEMALE HORMONE BALANCE</b>
2	Isoflavones	50 mg	10 Capsules/Tablets x 2-3 blisters	Reduce menopausal syndromes: hot flushes, headache, insomnia, vaginal dryness due to hormone level changing Calcium supplement for osteoporosis prevention Isoflavone supplement for the regulation of menstrual cycle
	Soy extract	125 mg		
	Calcium	500 mg		
	Vitamin D3	5 µg		
	Vitamin B1	1,4 mg		
	Vitamin B2	1,6 mg		
	Vitamin B6	2 mg		
	Vitamin B12	3 µg		
	Biotin	150 µg		
	Folic acid	400 µg		
				<b>MULTIVITAMIN</b>
3	Vitamin A	800 µg (R.U)	10 Capsules/Tablets x 2-3 blisters	Essential vitamin & mineral supplements for people in such conditions as loss of appetite, fatigue, weakness, elderly, pregnancy & lactation Boost the immune system
	Biotin	100 µg		
	Vitamin B1	3.5 mg		
	Vitamin B2	4 mg		
	Vitamin B6	5 mg		
	Vitamin B12	2.5 µg		
	Vitamin C	150 mg		
	Vitamin D	5 µg		
	Vitamin E	24 mg (α-TU)		
	Folic acid	450 µg		
	Vitamin K	20 µg		
	Niacin	18 mg		
	Pantothenic acid	12 mg		
	Calcium	120 mg		
	Magnesium	57 mg		
	Chloride	0.9 mg		
	Chromium	25 µg		
	Iron	2.1 mg		
	Iodine	100 µg		
	Potassium	10 mg		
	Cooper	0.9 mg		
	Manganese	0.9 mg		
	Sodium	0.1 mg		
	Molybdate	20 µg		

	Phosphate	92 mg		
	Selenium	10 µg		
	Zinc	5 mg		
				<b>LIVER SUPPLEMENT</b>
4	Silymarin	500 mg	10 Capsules/Tablets x 2-3 blisters	Promote strong functioning liver
	Phosphatidylcholine	50mg		
	L-methionine	60mg		
	Inositol	30mg		
	Vitamin E	10mg		
	Vitamin B1	4mg		
	Vitamin B2	4mg		
	Vitamin B6	4mg		
				<b>CEREBRAL CIRCULATION</b>
5	Ginkgo biloba	85mg	10 Capsules/Tablets x 2-3 blisters	Support brain functions & cerebral circulation. Improve memory, concentration & mental clarity. Enhance cognitive abilities in elderly people. Support red blood cell & hemoglobin production & peripheral circulation; reduce conditions of iron deficiency anemia & weakness.
	Bacopa montiera	10mg		
	Salvia lavandulaefolia Vahl	5mg		
	L-Glutamine	50mg		
	Ferrous gluconate	7mg		
	Potassium iodide	7,5mcg		
	Zinc citrate	5mg		
				<b>PROBIOTICS</b>
6	Lactobacillus acidophilus	25%	30 sachets per carton	Gastrointestinal disorders symptoms such as stomachache, bloating, indigestion, nausea, high level of gastric acid, irritable bowel syndrome (IBS), colitis, etc. affect up to 60% of population and their lives quality. The digestive system includes such 3 factors as intestinal microbiota, intestinal mucosa & the immune system which coordinate to maintain its normal functions. The imbalance of the internal tissues is caused by the disorder of one
	Lactobacillus casei	25%		
	Bifidobacterium animalis lactis	25%		

				<p>of the 3 above mentioned factors due to various causes such as stress, anxiety, unhealthy lifestyle, age, smoke, intestinal microbiota imbalance, ect.</p> <p>"Healthy gut bacteria" are good for health if under controlled in a reasonable amount. Probiotics can help restore &amp; maintain intestinal microbiota &amp; the balance of internal tissues. They can help vitamin absorption &amp; increase mineral bioavailability. Otherwise, they can help digest lactose found in milk thus suitable for lactose intolerance &amp; milk allergy. Probiotics help reduce food allergy &amp; inflammatory. Some biological products including <i>Bifidobacterium animalis</i>, <i>Streptococcus thermophilus</i> or <i>Lactobacillus casei</i> show their good effect on digestion, food metabolism in intestine especially diarrhea prevention thanks to <i>Lactobacillus acidophilus</i>.</p> <p>In conclusion, healthy bacteria can help internal tissue balance in intestine. Many studies have concluded that "healthy bacteria" reduce symptoms of IBS including stomachache, indigestion &amp; help food metabolism &amp; absorption in intestine.</p>
	Streptococcus thermophilus	25%		
				<b>KIDNEY SUPPLEMENT</b>
7	Epimedium sagittatum extract	equivalent to 15000mg	10 Capsules/Tablets x 2-3 blisters	<p>Improve men's health, sexual functions &amp; slow male menopause. Indications for male sexual dysfunction, menopause, pernicious anemia &amp; premature ejaculation.</p>
	Muir Puama extract	equivalent to 2000mg		
	Turnera Diffusa extract	equivalent to 400mg		
	Ginkgo biloba extract	equivalent to 1000mg		
	Tribulus terrestris extract	equivalent to 7000mg		
	Panax ginseng extract	equivalent to 500mg		
	Saw Palmetto extract	equivalent to 100mg		
	Deer Velvet extract	equivalent to 100mg		
	L-Arginine	equivalent to 100mg		
				<b>JOINT HEALTH</b>
8	Glucosamine	750mg	10 Capsules/	<p>Help reduce pain caused by Osteoarthritis, joint injury, other arthritis</p>
	Hyaluronic acid	25mg		

	Chondroitin sulphate	50mg	Tablets x 2-3 blisters	symptoms. Recover injured cartilage. Help synovial fluid production & improve joint mobility
	MSM	125mg		
	Shark Cartilage	2,5 mg		
	Collagen tuyp II	2.5 mg		
	Calcium carbonate	250mg		
	Vitamin D	200IU		
	Bromelain:	50mg		
				<b>ENZYMES</b>
9	Bacillus clausii	2 ti/5ml	10 & 30 vials per bottle	Increase digestion, decrease & prevent symptoms of diarrhea & digestive disorders. Prevent intestinal microbiota disorder. Help restore the intestinal microbiota caused by antibiotics or chemotherapy.
				<b>SLEEP DISORDER</b>
10	Hop cones extract	200 mg	10 Capsules/Tablets x 2-3 blisters	Herbal sedatives help improve sleep quality in such conditions as isomnia, sleep deprivation, difficulty falling asleep, etc. caused by fatigue, anxiety, stress & Chronic fatigue syndrome.
	Melissa leaves extract	100 mg		
	Lavender extract	20 mg		
	Vitamin B6	0.7 mg		
				<b>CONSTIPATION</b>
11	Fraxinus ornus Extract		10 & 30 vials per carton Bottle 20ml	Have aperient effect, relieve constipation in children, provide natural soluble fibre & improve intestinal absorption in children Natural vitamin & mineral supplement for children
	Malva sylvestris extract			
	<i>Malus domestica extract</i>			
	<i>Prunus domestica extract</i>			
	Inulin và Pectin táo			
				<b>CALCIUM &amp; D3</b>
12	Magnesium	250 mg	10 Capsules/Tablets x 2-3 blisters	Calcium, magnesi & Vitamin D3 supplement for a strong & healthy musculoskeletal system Help prevent osteoporosis
	Calcium	450 mg		
	Vitamin D3	10 µg		
				<b>MEN'S HEALTH</b>
13	L-Carnitine	100mg	10 Capsules/Tablets x 2-3 blisters	Improve men's physical health, reproductive health & sexual function. Boost male fertility, enhance sperm count & quality Increase chances of pregnancy in case of infertility due to low sperm count, poor sperm quality & low concentration of semen
	Maca root extract	100mg		
	Panax ginseng root powder	50mg		
	Lycopene	1.5mg		
	Inositol	50mg		
	Pine bark extract	20mg		
	(Therof Proanthocyanidins	18mg)		
	Citrus bioflavonoids	2mg		

	L-Glutathione	2.5mg		
	Coenzyme Q10	2mg		
	Vitamin A	750mcg		
	Vitamin D3	15mcg		
	Vitamin E	30mg		
	Vitamin C	60mg		
	Vitamin B1	2.2mg		
	Vitamin B2	2.8mg		
	Niacin	24mg		
	Vitamin B6	2.8mg		
	Folic acid	400 mcg		
	Vitamin B12	5mcg		
	Biotin	150mcg		
	Pantothenic acid	10mg		
	Iron	14mg		
	Zinc	15mg		
	Manganese	1mg		
	Copper	1mg		
	Selenium	55 mcg		
	Chromium	40mcg		
				<b>PREGNANCY</b>
14	Omega - 3 fatty acids	176mg	10 Capsules/Tablets x 2-3 blisters	Provide essential vitamin & minerals Promote women's health before & during pregnancy & lactation. Reduce risk of fetal malformation.
	thereof DHA	126 mg		
	beta - Carotene	2 mg		
	Vitamin E	12 mg		
	Vitamin D3	5 µg		
	Vitamin C	80 mg		
	Pantothenic acid	6 mg		
	Vitamin B1	1.2 mg		
	Vitamin B2	1.5 mg		
	Vitamin B6	2 mg		
	Folic acid	400 µg		
	Biotin	60 µg		
	Niacin	15 mg		
	Vitamin B12	2 µg		
	Iron	14 mg		
	Magnesium	60 mg		
	Zinc	5 mg		
	Copper	1 mg		
	Iodin	150 µg		